

# Practical Personal Finance Presentations for Graduate Students and Postdocs

*Fifty-five percent of doctoral students are stressed about their personal finances.<sup>1</sup>*

*Trainees often struggle to understand their pay, manage their spending effectively, calculate their tax due, and decide whether to prioritize their lifestyle, investing, or paying down debt.*

*They are in need of resources created precisely for them.*

Dr. Emily Roberts offers seminars that both **motivate** stipend-receiving graduate students and postdocs to optimize their finances and **equip** them with the knowledge and tools necessary to do so. The 60-90 minute seminars are **specific to trainee audiences, tailored** for your institution, and followed by **plenty of time for Q&A**. Available seminars include:

- *The Graduate Student and Postdoc's Guide to Personal Finance*
- *Demystifying Taxes for Graduate Students and Postdocs*
- *Why and How to Passively Invest as a Grad Student or Postdoc*
- *Set Yourself Up for Financial Success in Your PhD Program, Postdoc, or Post-PhD Job*
- *Hack Your Budget [Workshop]*

Reviews from previous hosts:

- **“Emily’s talk on graduate student personal finance is thorough, insightful, and a must for all graduate students... [It] is both reassuring and a call to action.”** – *Teresa Dillinger, Graduate Studies, the University of California at Davis*
- **“Emily is uniquely positioned to answer questions specific to graduate students and postdocs, [which] makes a huge difference in helping to translate this knowledge into action for our trainees.”** – *Beka Layton, Training Initiatives in Biological and Biomedical Sciences (TIBBS), University of North Carolina at Chapel Hill*
- **“Emily’s [talk] was a hit ... By sharing personal experience and communicating financial information clearly, Emily empowers students to take control of an often stress-inducing part of graduate life.”** – *Haley Medved Kendrick, Graduate Student Government, University of Alabama at Birmingham*

Dr. Emily Roberts is a personal finance educator specializing in early-career PhDs. She gives seminars at universities and for associations, interviews PhDs on her podcast (Personal Finance for PhDs), serves as a financial coach, and creates courses and workshops on taxes, investing, and more. Emily holds a PhD in biomedical engineering from Duke University and lives in Seattle, WA with her husband and two children.



**Now booking for Spring, Summer, and Fall 2020.**

For more information, email [emily@PFforPhDs.com](mailto:emily@PFforPhDs.com) or visit [PFforPhDs.com](http://PFforPhDs.com).

<sup>1</sup>Financial Education: Developing High Impact Programs for Graduate and Undergraduate Students by the Council of Graduate Schools