

# Practical Personal Finance Presentations for Graduate Students and Postdocs

*Fifty-five percent of doctoral students are stressed about their personal finances.<sup>1</sup>*

*Trainees often struggle to understand their pay, manage their spending effectively, calculate their tax due, and decide whether to prioritize their lifestyle, investing, or paying down debt.*

*They are in need of resources created precisely for them.*

Dr. Emily Roberts offers seminars that both **motivate** stipend-receiving graduate students, postdocs, and prospective graduate students to optimize their finances and **equip** them with the knowledge and tools necessary to do so. The 60-90 minute seminars are **specific to trainee audiences, tailored** for your institution, and followed by **plenty of time for questions and answers**. Available seminars include:

- *The Graduate Student and Postdoc's Guide to Personal Finance*
- *Hack Your Budget [Workshop]*
- *Why and How to Passively Invest as a Grad Student or Postdoc*
- *Demystifying Taxes for Graduate Students and Postdocs*

Reviews from previous hosts:

- **"Emily's talk on graduate student personal finance is thorough, insightful, and a must for all graduate students... [It] is both reassuring and a call to action."** – *Teresa Dillinger, Graduate Studies, the University of California at Davis*
- **"Emily is uniquely positioned to answer questions specific to graduate students and postdocs, [which] makes a huge difference in helping to translate this knowledge into action for our trainees."** – *Beka Layton, Training Initiatives in Biological and Biomedical Sciences (TIBBS), University of North Carolina at Chapel Hill*
- **"Emily's [talk] was a hit ... By sharing personal experience and communicating financial information clearly, Emily empowers students to take control of an often stress-inducing part of graduate life."** – *Haley Medved Kendrick, Graduate Student Government, University of Alabama at Birmingham*

Emily Roberts received a PhD in biomedical engineering from Duke University in 2014 and has been writing and teaching about personal finance since 2011. **Her passion is to inspire and empower early-career PhDs to make the most of their money.** In addition to speaking, she teaches and coaches early-career PhDs about personal finance through webinars, courses, ebooks, and an online community.



**Now booking for Fall 2018 and Spring 2019.**

For more information, email [emily@PFforPhDs.com](mailto:emily@PFforPhDs.com) or visit [PFforPhDs.com](http://PFforPhDs.com).